

Fact Finding – the Starting Point

The best source of brief information regarding any medical condition or disability is the Contact a Family (CAF) directory, available on the bookshelf, or the Contact a Family Website

(www.cafamily.org.uk)

Information in other languages – the major charities websites provide access to some details in a wide range of languages

Condition	Organisation	Website	Aims
Asthma	Asthma UK	www.asthma.org.uk	For those whose lives are affected by asthma
Attention Deficits and/or Hyperactivity	ADD Contact ADHD Alliance	www.addcontact.org.uk www.adhdalliance.org.uk	
Autism Spectrum Disorders	National Autistic Society (NAS) North Somerset Branch NAS Public Awareness of Autism in North Somerset See also Learning Disability sites	www.nas.org.uk follow 'Branches' link on above website www.paaains.org.uk	The UK's foremost charity for people with autistic spectrum disorders. Local Branch Activities Local independent family support and information re autism
Brittle Bone Disease	Brittle Bone Society	www.brittlebone.org	
Childhood Leukaemia	CLIC South West	www.clicsargent.org.uk	The local charity for Childhood Leukaemia

Organisations for Information about specific disabilities or conditions

Condition	Organisation	Website	Aims
Cerebral Palsy and Other Movement difficulties	<p>Scope</p> <p>National Institute of Conductive Education</p> <p>Dyspraxia Foundation</p> <p>See also Learning Disabilities and Brain Injury sites</p>	<p>www.scope.org.uk</p> <p>www.conductive-education.org.uk</p> <p>www.dyspraxiafoundation.org.uk</p>	<p>For people with Cerebral Palsy and other physical difficulties</p> <p>Assessment and training</p> <p>Information and advice on Developmental Coordination difficulties</p>
Communication difficulties	<p>Afasic</p> <p>ICAN</p> <p>Cleft Lip and Palate Association (CLAPA)</p>	<p>www.afasic.org.uk</p> <p>www.ican.org.uk</p> <p>www.clapa.com</p>	<p>Two UK charities which support children and young people with speech, language and communication impairments and their parents and carers.</p>
Cystic Fibrosis	Cystic Fibrosis Trust	www.cftrust.org.uk	
Down Syndrome	<p>Downs Syndrome Association</p> <p>Down syndrome Educational Trust</p>	<p>www.downs-syndrome.org.uk</p> <p>www.downsed.org</p>	
Epilepsy	Epilepsy Action	www.epilepsy.org.uk	The leading charity for information about epilepsy
Eczema	National Eczema Society	www.eczema.org	

Organisations for Information about specific disabilities or conditions

Condition	Organisation	Website	Aims
Hydrocephalus	Association for Spina Bifida and Hydrocephalus	www.asbah.org	
Learning disabilities and brain injuries	MENCAP Bibic Brain Injury Rehabilitation & Development (BIRD) Brainwave South West (previously the Kerland Foundation) Cerebra	www.mencap.org.uk www.bibic.org.uk www.b-i-r-d.org.uk www.brainwave.org.uk www.cerebra.org.uk	The leading charity for people with Learning Disabilities Three centres providing assessment and therapeutic programmes for children with a range of learning difficulties. Useful information on their websites Re any learning disabilities including Cerebral Palsy and Autism. Operates a postal lending library, and gives grants for special equipment
Meningitis	Meningitis Trust Meningitis Research Foundation	www.meningitis-trust.org www.meningitis.org	
Mental Health or emotional difficulties	Young Minds	www.youngminds.org.uk	National organisation supporting the mental health and emotional needs of people under the age of 25
Metabolic Disorders	CLIMB	www.climb.org.uk	Information on children living with inherited metabolic disorders
Muscular Dystrophy	Muscular Dystrophy Group	www.muscular-dystrophy.org	

Organisations for Information about specific disabilities or conditions

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Prader Willi Syndrome	Prader-Willi Syndrome Association	www.pwsa.co.uk	Information about Prader-Willi syndrome

Organisations for Information about specific disabilities or conditions

Condition	Organisation	Website	Aims
Spina Bifida	Association for Spina Bifida and Hydrocephalus	www.asbah.org	
T O F Syndrome	TOFS group	www.tofs.org.uk	Information on Tracheo-Oesophagus Fistula